

Entrance Requirements

A university degree in the humanities, social sciences or medicine, and work experience in the care and treatment of children are the basic requirements for admission.

Personal Therapy

Psychoanalytic psychotherapy, at least once or twice weekly, is a requirement upon entrance to the program and for the majority of clinical work.

Application Process

Applications are due **June 30.**

There is an admissions interview requirement. Along with the signed application form, applicants are required to submit three letters of reference addressing their readiness for the program, academic transcripts, and must also complete three admission interviews.

For more information or to request an Application Package, please contact:

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Or visit

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Psychoanalytic Psychotherapy**

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The Canadian Institute for Child & Adolescent Psychoanalytic Psychotherapy

formerly

The Toronto Child Psychoanalytic Program



**Training Program
in
Child & Adolescent
Psychoanalytic
Psychotherapy**

INTRODUCTION

This program was modeled on those offered by the Anna Freud Centre and Tavistock Clinic in London, England, and the Cleveland and Chicago programs in the United States. We maintain ties with analytic adult training programs in Toronto. The faculty consists of graduates of the program and psychoanalysts within the city who have experience in child and adolescent psychoanalytic psychotherapy.

The CICAPP provides training in the theory and technique of psychoanalytic psychotherapy for professionals working with children and adolescents. Graduates are trained to assess for normal functioning, psychopathology and dysfunction, and to conduct, when indicated, intensive psychotherapy. The training qualifies graduates to consult, supervise, and teach in agencies concerned with child and adolescent mental health. We are accredited with and meet all the standards and requirements of the College of Registered Psychotherapists (CRPO).

The Program

This part-time program involves a curriculum of academic seminars, infant/toddler observation, and supervised clinical work. Instructors focus on key issues in child development, the therapeutic relationship, assessment and therapeutic interventions. A new class commences in September of every second year.

The academic year is divided into two terms of approximately 15 weeks each. Classes run from September to early June, one evening per week, 6:30 to 10:00 p.m. Classes are held in Toronto.

The Curriculum

In Year 1, candidates will be introduced to psychoanalytic theories and principles to broaden their understanding of child behaviour and development. Using guided readings and group discussion, candidates will explore childhood phenomena across ages and stages of development from various psychoanalytic viewpoints including classical Freudian theory, ego psychology, object relations, self psychology and relational psychoanalysis. Infant and toddler development will be examined in detail.

The following academic years focus on early childhood, latency and adolescent development, understanding family dynamics and working with parents. Assessment, formulation skills, and psychostructural diagnosis will be taught. Therapeutic and professional practice issues will also be covered.

Specific topics such as ADHD, anxiety, conduct disorders, depression, eating disorders, learning disorders, OCD, phobias, trauma and adoption are also covered as part of the core curriculum.

In the first year, candidates will undertake an observation of an infant in its family home and a toddler in a day care setting. Candidates' weekly observations will be followed by class discussions on the psychoanalytic theory of infant and toddler development and their relationships with their caregivers.

Candidates are required to conduct a minimum of three assessments and four treatment cases. At least three separate stages of child development must be represented in this work.

Completion of the above academic and clinical requirements provide eligibility for clinical membership in the Canadian Association of Psychoanalytic Child Therapists. Additionally, graduates may apply for registration with the College of Psychotherapists as a Registered Psychotherapist, Child and Adolescent