



Canadian Institute for Child & Adolescent Psychoanalytic Psychotherapy

PROGRAM INFORMATION

4 YEAR TRAINING PROGRAM IN CHILD PSYCHOANALYTIC PSYCHOTHERAPY

GENERAL INFORMATION

- 30 seminars per year 2 seminars per evening
- Classes are held on Wednesdays; 2 seminars, A: 6:30-8:00 pm & B: 8:15-9:45pm
- Fees:
 - Tuition: \$3500 per year for tuition for local / \$3900 for distance learners
 - Supervision: \$110/hour
- Must be in personal psychotherapy or analysis upon entrance to program and at least for one year of first training case
- Must have malpractice insurance coverage upon beginning clinical work
- Must arrange for Candidate Membership in CAPCT (Canadian Association of Psychoanalytic Child Therapists) at start of program

Admissions Procedure:

- University degree in humanities, social sciences, medicine AND some work experience in care and treatment of children
- Application form, transcripts from University degree(s)
- 3 letters of reference: one from current supervisor or employer
- Two interviews by Intake Committee members
- Evidence of ability to develop insight into own psychological functioning
- Criminal check upon acceptance to program
- APPLICATION DEADLINE IS **JUNE 30th**

CICAPP CURRICULUM AND CLINICAL REQUIREMENTS

YEAR 1

- History & Psychoanalytic Overview:
Freud, Developmental Ego psychology (incl. Anna Freud, Hartmann, Spitz, Mahler, etc.), Klein/Bion, British Object Relations (incl. Rank, Winnicott, Bowlby, Fairbairn, Guntrip, etc.), Self-Psychology, Relational and Intersubjectivity
- Infant Development
- Attachment theory
- Toddler and Preschooler Development (includes gender development)
- Adult Development: parent role
- Psychoanalytic Concepts: Comparative
- Evidence base psychodynamic psychotherapy



- Infant Observation
- Toddler Observation

YEAR 2

- Latency Development and Adolescent Development
- Cognitive Neuroscience; cognitive development – Erikson, Piaget
- Psychostructural diagnosis and Psychopathology of preschooler , latency and adolescent
- Use of Play – theories and use of play-techniques
- Work with Parents (part 1)
- Therapeutic Relationship and Therapeutic Action ; - recognizing and working with transference and countertransference
- Empathy Workshop
- Assessment of Preschooler ,Latency Adolescent and of Family History
- Clinical Case Seminars
- Formulation

YEAR 3

- Different Diagnoses: Trauma ,Anxieties ,Eating Disorders ,OCD ,ADHD, Learning Disabilities ,Depression ,Phobias ,Conduct Disorder, Pathological narcissism, Psychosis ,Asperger’s Syndrome-
- Issues: Adoption, Divorce ,Substance abuse ,Gender issues
- Work with Parents (part 2)
- Clinical Case Management and Practical Issues
- Professional Practices (ethics, keeping notes, when to refer, confidentiality)
- Ruptures & Empathic Failures
- Cultural Diversities
- Psychopharmacology
- Clinical cases

YEAR 4

- The Phases of Psychotherapy; Beginning, Middle, Termination
- DSM/Psychodynamic
- Specialty Topics: impact of siblings, sexual abuse, etc.
- Competency issues: Professional report writing – CAS, court, etc.
- Clinical Cases

CLINICAL REQUIREMENTS

- Direct Client Contact (DCC): actual session with child and/or parents
- **450** direct client contact under supervision for total of **~200 hours**



Assessments: 3

- different age groups(early childhood:2-6 yrs, school age : 7-12 yrs, adolescent 12-19yrs)
- each assessment should have between 2-3 parent and 3 child direct client contacts for total of **18 DCC**
- total supervision hours is **15**; minimum of 4 per assessment
- Different supervisor for each assessment

Clinical Cases: 4

- including 3 different age groups(early childhood:2-6 yrs, school age : 7- 12 yrs, adolescent 12-19yrs)
- at least one case must be seen twice per week
- different supervisor for each case

Case A: **50** DCC with **35** supervisions

Case B: **100** DCC with **50** supervisions

Case C: **50** DCC and **35** supervisions

Case D: **50** DCC and **35** supervisions +Balance of DCC continuation of cases A B,C under supervision for another **182** DCC and a minimum of **50** supervisions

* There can be special circumstances where someone is doing psychotherapy in their employment and if they have supervision from CICAPP supervisors this may count as part of their clinical requirements for our training. This would require approval from the Director of CICAPP

EVALUATION

- The Student Progress Committee is responsible for overseeing progress
- Teachers complete evaluation on participation; ability to understand the readings and demonstrate developing ability to link theories and concepts to clinical material
- Assessment and case reports ; reviewed by supervisor and then SPC
- Evaluation forms completed by supervisors
- Annual progress review
- Permission required for starting clinical work by end of first year and when starting new cases.



GRADUATION AND COLLEGE OF REGISTERED PSYCHOTHERAPISTS:

- Graduate only when all program requirements are met
- SPC may review progress and require additional work
- Can apply to College, status as a Qualifying Psychotherapist and must continue with supervision and accumulate additional direct client contact hours until meet their requirements

FOR MORE INFORMATION CONTACT:

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