



C I C A P P

Canadian Institute for Child and Adolescent Psychoanalytic Psychotherapy
Formerly the Toronto Child Psychoanalytic Program

4 YEAR PROGRAM CURRICULUM

Year	Seminar A (6:30 – 8:00)	Hours	Seminar B (8:15– 9:45)	Hours
One	History & Psychoanalytic Theory Overview (10 seminars)	15	Infant Observation (20 seminars)*	30
	Infant Development (4 seminars)	6	Toddler Observation (10 seminars)*	15
	Attachment Theory (2 seminars)	3		
	Toddler & Preschooler Development (incl. gender development) (5 seminars)	7.5	FIELD OBSERVATION UNIT	
	Adult Development: parent role (2 seminars)	3	Term 1: Infant/Mother Observation *	30
	Psychoanalytic Concepts – Comparative (6 seminars)	9	Term 2: Toddler Observation *	10
	Evidence-based psychodynamic psychotherapy (1 seminar)	1.5		
	TOTAL HOURS Year One			130



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Two	Latency Development (4 seminars)	6	Assessment of Preschooler (2 seminars)	3
	Adolescent Development (4 seminars)	6	Assessment of Latency (2 seminars)	3
	Cognitive Neuroscience, cognitive development (Erikson, Piaget) (1 seminar)	1.5	Assessment of Adolescent (2 seminars)	3
	Psychostructural diagnosis (1 seminar)	1.5	Assessment of Family History (1 seminar)	1.5
	Psychopathology (4 seminars total) <ul style="list-style-type: none"> - Preschooler (1) - Latency (2) - Adolescent (2) 	7.5	Introduction to Formulation	1
	Use of Play – theories and techniques (3 seminars) *	4.5	Clinical Case 1 * (7 seminars)	10.5
	Work with Parents: Part One (2 seminars)	3	Clinical Case 2 * (7 seminars)	10.5
	Therapeutic Relationship * (4 seminars)	6	Clinical Case 3 * (7 seminars)	10.5
	Empathy Workshop * (whole evening)	3	Competency in Clinical Report Writing (1 seminar)	1.5
	Therapeutic Action * (5 seminars)	7.5		
	TOTAL HOURS Year Two			90



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Year	Seminar A (6:30 – 8:00)	Hours	Seminar B (8:15– 9:45)	Hours
Three	Trauma (3 seminars)	4.5	Professional Practice (2 seminars) -Keeping notes, when to refer, confidentiality	3
	Anxieties (3 seminars)	4.5	Ruptures & Empathic Failures (2 seminars)	3
	Eating Disorders (2 seminar)	3	Clinical Case 4 * (5 seminars)	10
	OCD (1 seminar)	1.5	Clinical Case 5 * (5 seminars)	10
	ADHD (1 seminar)	1.5	Cultural Diversities (2 seminar)	3
	Learning Disabilities (2 seminars)	3	Psychopharmacology (1 seminar)	1.5
	Depression (2 seminars)	3	Clinical Case 6 *(5 seminars)	10
	Bereavement (1 seminar)	1.5	Formulation of Case Material (4 seminars)	6
	Suicide (1 seminar)	1.5	Ethics & Dilemmas * (2 seminars)	3
	Phobias (1 seminar)	1.5	Work with Parents: Part 2 * (2 seminars)	3
	Oppositional Defiant Disorder (1 seminar)	1.5		
	Adoption (2 seminars)	3		
	Divorce (2 seminars)	3		
	Gender & Sexuality (1 seminar)	1.5		
	Substance & Behavioural Addiction (2 seminars)	3		
	Pathological Narcissism (1 seminar)	1.5		
	Psychosis (1 seminar)	1.5		
	Autism Spectrum (1 seminar)	1.5		
	Psychosomatism (1 seminar)	1.5		
	Clinical Case Management (1 seminar)	1.5		
TOTAL HOURS Year Three			90	



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Four	The Phases of Psychotherapy (9 seminars) - Beginning, middle, termination	13.5	Clinical Case 7 * (7 seminars)	10.5
	Sibling Dynamics (2 seminars)	3	Specialty Topics (10 seminars)	15
	DSM/Psychodynamics (2 seminars)	3	Clinical case 8 *(7 seminars)	10.5
	Professional Practices & Jurisprudence (2 seminars)	3	Clinical case 9 * (6 seminars)	9
	Advanced Theory Presentations (10 seminars)	15		
	Competency Issues (3 seminars) - Professional report writing - Legal issues - Scope of practice	4.5		
	Psychotherapy Practices (2 seminars)	3		
	TOTAL HOURS Year Four			90

*These educational hours include a focus on developing competency in the safe and effective use of self in psychotherapeutic relation.